

40th Annual Nova Scotia Marathon Half Marathon

Sunday, July 25, 2010

8:30 am start

Municipality of Barrington, Nova Scotia, Canada

Race Site: Municipality of Barrington, Nova Scotia, Canada.

Course: rural setting on a secondary road, some rolling hills, basically flat route.

Start time and location: 8:30 am for both full marathon and half marathon, Circle Drive, Barrington Arena back door.

Certified: The full marathon was measured in 2007, using the Jones Counter Method. Certification #NS-2007-119-BDC. At the time of printing this information sheet, the Barrington Municipal Recreation Department has plans to measure and certify the half marathon.

Registration and Runners Packages:

Saturday, July 24: 10 am to 2 pm, Barrington Recreation Centre
27 Park Lane, Sherose Island, Barrington Passage

Saturday, July 24: 5 pm to 7 pm, Barrington Regional Curling Club
40 Park Lane, Sherose Island, Barrington Passage

Sunday, July 25: 7 am to 8 am, Barrington Recreation Centre
27 Park Lane, Sherose Island, Barrington Passage

Online Registration: www.runningroom.com

Entry Fee: \$50.00 until Saturday, July 24, 7 pm
\$60.00 on Sunday, July 25, until 8 am
All Run Nova Scotia members will pay \$5.00 less.

Payable: Barrington Municipal Recreation Department
Anna Kenney, Recreation Director
P.O. Box 100, Barrington, Nova Scotia, B0W 1E0
(902) 637-2903 Phone
(902) 637-1545 Fax
barringtonrec@eastlink.ca
www.barringtonmunicipality.com

Facilities: Change rooms, washrooms, showers and a warm up area available.

Spaghetti Supper: Saturday, July 24, 5 pm to 7 pm, Barrington Regional Curling Club.
\$9.00 per person. Runner must indicate their attendance no later than Wed., July 21/10.

Awards and Post Race Reception: A reception will be held at the Barrington Regional Curling Club, 40 Park Lane, Sherose Island, following the event, at approximately 1:30 pm. Fish chowder will be served, with pies for dessert.

Certificates will be available to those who request them at the post race reception. If you cannot attend the reception and wish to have a certificate mailed out to, **you must notify us**. Trophies will be presented to the top three finishers in both male and female categories for each race – youth, open, masters, senior masters, golden masters, and platinum masters. If you are not in attendance, your award will be mailed to you. Family and friends are welcomed to attend the post race reception.

Directions to Race:

Travelling from Yarmouth – follow the Highway no. 103 to Barrington, take Exit 30, follow Oak Park Road to Highway no. 3. At the stop sign, turn right. Follow the road to Crowell's Store / Sherose Island sign. Turn left for Sherose Island. Drive for less than a kilometer and turn left (uphill) at the Recreation Complex sign.

Travelling from Halifax – follow the Highway no. 103 to Barrington, take Exit 29, follow Highway no. 3 to Crowell's Store / Sherose Island sign. Turn left for Sherose Island. Drive for less than a kilometer and turn left (uphill) at the Recreation Complex sign.

Travelling Information:

For Marine Atlantic contact – www.bayferries.com

Bay Ferries – Princess of Acadia (from Saint John, New Brunswick to Digby, Nova Scotia)
1-877-762-7245

The Cat Ferry – (from Portland or Bar Harbour, Maine to Yarmouth, Nova Scotia)
1-877-359-3760

Please note: ferry not available at the time of printing this information sheet.

Check In Nova Scotia (for reservations and general tourism information)
1-800-656-0000

Application Form:

Name: _____

Mailing Address: _____

Email Address: _____

Phone Number: _____

Run Nova Scotia Number (if applicable): _____

Circle one: Male Female

Catergories - Circle one: Youth (19 yrs & under) Open
 Masters (40 – 49 yrs) Senior Masters (50 – 59 yrs)

 Golden Masters (60 – 69 yrs) Platinum Masters (over 70 yrs)

Spaghetti Dinner: will attend _____ will not attend _____

If you need extra meals, indicate total meals being reserved: _____

Register me in the Full Marathon _____ Half Marathon _____

Runners must read and sign the below waiver.

Understanding of Risk and Release of Responsibility:

The 40th Annual Nova Scotia Marathon Half Marathon is organized by the Municipality of Barrington Recreation Department.

I understand that participating in a road race is a potential dangerous event. Further, the weather, footing and vehicle traffic conditions may be adverse and greatly increase the danger. I certify that I am medically fit to participate without risk to myself or others. I understand that I am totally responsible for my own safety. In consideration of my being permitted to participate in the Race, I hereby remise, release and forever discharge, waive and save harmless, protect and indemnify the Municipality of Barrington, the Race Organizers, Athletics Canada, Athletics Nova Scotia, Sport Nova Scotia, Run Nova Scotia, any and all clubs, associations, sanctioning bodies, sponsors, participants, competitors, entrants and all respective agents, officials, volunteers, servants, and representatives from and against any and all kinds of action claims, costs and expenses and demands in respect of death, injury, loss or damage to my person or property however caused as a result of my being permitted to attend or in any way take part prior to, during or subsequent to the Race, whether as an entrant, competitor, spectator or

otherwise, notwithstanding that some may have been contributed to or occasioned by the negligence of any of the aforesaid, their agents, officials, servants or representatives.

Further, I hereby grant permission to any of the above to disseminate photographs or other race result information to the public, through any medium they so choose, from time to time.

By submitting this entry, I acknowledge having read, understood and I agree to the above. This document will bind my heirs, executors, administrators, successors, and assigns.

Signature: _____
(Parent's or Guardian, if runner is under 19 years of age)

Date: _____