

Week 3 - Space Week

Monday July 25		Tuesday July 26		Wednesday July 27		Thursday July 28		Friday July 29	
								Beach Day	
9	Meet and Greet / Ice Breakers	9	Warm Up Games	9	Warm Up Games	9	Warm Up Games	9	Lesson: The fundamentals of Spikeball
:15		:15		:15		:15		:15	
:30		:30		:30		:30		:30	
:45	Early Break	:45	Lesson: Living a physically active lifestyle	:45	Water Balloon Volleyball	:45	Soccerbase	:45	
10	Lesson: Good and Bad Qualities of a Leader	10		10		10		10	Spikeball and Other Beach Games
:15		:15	Break	:15	Break	:15	Break	:15	
:30		:30		:30		:30		:30	
:45		:45		:45		:45		:45	
11	Leadership Challenges	11	Demo: Size comparison of the Solar System	11	Space Dodgeball	11	Bottle Rocket Building	11	
:15		:15		:15		:15		:15	
:30		:30		:30		:30		:30	Volunteering: Beach Clean-Up
:45		:45		:45		:45		:45	
12		12		12		12		12	
:15	Lunch	:15	Lunch	:15	Lunch	:15	Lunch	:15	Lunch
:30		:30		:30		:30		:30	
:45		:45		:45		:45		:45	
1		1		1		1		1	
:15	Swimming	:15	Swimming	:15	Swimming	:15	Swimming	:15	
:30		:30		:30		:30		:30	
:45		:45		:45		:45		:45	
2	Break	2	Break	2	Break	2	Break	2	Free Time / Swimming
:15		:15		:15		:15		:15	
:30	Leader's Choice	:30	Egg Drop Challenge	:30	Leader's Choice	:30	Leader's Choice	:30	
:45		:45		:45		:45		:45	
3		3		3		3		3	
:15	Free Play / Social Time	:15	Free Play / Social Time	:15	Free Play / Social Time	:15	Free Play / Social Time	:15	
:30		:30		:30		:30		:30	
:45		:45		:45		:45		:45	
4		4		4		4		4	
:15	Pick Up	:15	Pick Up	:15	Pick Up	:15	Pick Up	:15	
:30		:30		:30		:30		:30	
:45		:45		:45		:45		:45	

Rainy Day	
9	Indoor Group Games
:15	
:30	
:45	
10	Board Games
:15	
:30	
:45	
11	Free Play Indoors
:15	
:30	
:45	
12	Lunch
:15	
:30	
:45	
1	Leading Day Camp into some indoor games
:15	
:30	
:45	
2	Movie:
:15	
:30	
:45	
3	
:15	
:30	
:45	
4	Pick Up
:15	
:30	
:45	